



COMFORT

Care Pack

Pfizer is providing you with the following patient care pack to assist you during your treatment

The following items have been supplied to you in the **PATIENT COMFORT PACK:**

- Water bottle
- Lip balm
- Heel balm
- Moisturising hand cream
- Straws
- Alcohol-free mouthwash
- 1 box of rehydration solution
(oral electrolyte mixture)



For further information please refer to your healthcare professional.

ORAL REHYDRATE

During treatment you may experience diarrhoea^{2,3}

Here are some tips¹

- Drink plenty of liquids in small sips
- Avoid fluids with meals and for 1 hour afterwards
- Eat and drink small quantities, often
- Avoid spicy, fatty and high fibre foods
- Discontinue stool softeners and fibre supplements (if used)
- Avoid caffeine
- **Speak to your doctor or nurse for more advice**



For further information please refer to your healthcare professional.

LIP BALM

During treatment you may experience dry and chapped lips¹

Here are some tips to soothe dry and chapped lips¹

- Use lip balm often
- Avoid spicy, acidic foods and alcohol
- Avoid foods at extreme temperatures
- Eat soft foods
- **Speak to your doctor or nurse for more advice**

You have been provided with lip balm



For further information please refer to your healthcare professional.

FOOT BALM

Your feet may become painful during treatment¹

Step up your foot care¹

- Apply foot balm liberally
- Wash with luke warm water and pat dry
- It is suggested that you do not cut blisters as this might make the problem worse
- **Speak to your doctor or nurse for more advice**

You may care for your feet with heel balm



For further information please refer to your healthcare professional.

CALMING HAND LOTION

Rashes and blisters may appear on your hands during treatment^{2,3}

Some handy tips¹

- Liberally apply moisturisers- especially after showers and before bed
- Wash with luke warm water and pat dry
- Avoid friction or pressure on your hands
- Wear loose cotton clothes
- Wear sunscreen of at least SPF 30
- **Speak to your doctor or nurse or more advice**

You can apply the moisturizing hand cream



For further information please refer to your healthcare professional.

PLAN your treats!

Plan your treats for when you feel better - it will give you something to look forward to!

If you feel tired during treatment¹

- Take short naps or breaks
- Eat well and drink plenty of fluids
- Take short walks or do light exercise
- Do activities that are relaxing, such as listening to music or reading
- Do not drive a car or operate machinery when feeling tired
- **Speak to your doctor or nurse for more advice**



For further information please refer to your healthcare professional.

ALCOHOL FREE MOUTHWASH

Your mouth may become painful and/or irritated during treatment^{2,3}

Here are some ideas on how to get your mouth around this¹

- Sip fluid/drinks from a straw
- Rinse your mouth with an alcohol-free mouthwash
- Brush teeth after eating and at bedtime with a soft toothbrush
- Use a nonperoxide toothpaste or make a mouthwash made of baking soda dissolved in warm water
- Use a soft toothbrush- or gauze, if your gums bleed
- **Speak to your doctor or nurse for more advice**

Straws and alcohol-free mouthwash are expected to provide some relief



For further information please refer to your healthcare professional.



DISCLAIMER: These recommendations for the management of side-effects are based in the experience of Dr Kollmannsberger who is the author of the paper titled Sunitinib therapy for metastatic renal cell carcinoma: recommendations for management advice and such decisions should be at the discretion of the attending healthcare professional. For further information please refer to your healthcare professional.

References: 1. Kollmannsberger C, Soulieres D, Wong R, Scalera A, Gaspo R, Bjarnason G. Sunitinib therapy for metastatic renal cell carcinoma: recommendations for management of side effects. CUAJ 2007;1(2 Supp);:S41-S54. 2. SUTENT® Package Insert, 12 July 2021. 3. INLYTA® Package Insert, 19 May 2020.

Pfizer Laboratories (Pty) Ltd. Company Reg. No. 1954/000781/07. Building 2, 1st Floor, Maxwell Office Park, Magwa Crescent, Waterfall City, Midrand, Johannesburg, South Africa. Tel. No: 0860 PFIZER (734937).

Copyright © 2023. Pfizer Laboratories (Pty) Ltd. All rights reserved. PP-INL-ZAF-0079